

# Inclusive Volunteering – Research and Tools

Volunteer Ireland are delighted to be able to share with you resources to support you in your journey to become more inclusive in the way in which you involve volunteers in your organisation.

Through our involvement with a number of European projects concerned with the inclusion of marginalised groups to volunteering and promoting the benefits of such, a number of tools and research on this area have been developed.

This document will outline three of these projects and provide you with links to further information and downloadable tools.



The overall objective of this project was to increase the social inclusion of disadvantaged and marginalized groups through volunteering in the partner countries and to share already existing experience, practices and tools in the field.

**The project resulted in two publications:**

## **Recommendations for Volunteer Coordinators on How to Develop a More Inclusive Volunteer Programme**

This document will provide you with information on general aspects of inclusive volunteering and recommendations for volunteer leaders on how to work with various groups.

This includes: people with hearing and visual impairments, people with physical disabilities, people with mental health difficulties, older people, migrants, long-term unemployed people, ex-prisoners and people affected by homelessness

## **Good Examples of Inclusive Volunteering**

This document is a collection of excellent examples of how volunteering can enhance inclusion from around Europe. These examples help to demonstrate the benefits for both volunteers and volunteer involving organisations.

**Find both here:**

[www.volunteer.ie/european-projects/volunteering-as-a-tool-for-inclusion/](http://www.volunteer.ie/european-projects/volunteering-as-a-tool-for-inclusion/)



The focus of this project was to promote and increase the recognition of volunteering as one of the key components of social inclusion and integration of disadvantaged young people. It was also concerned with the impact of volunteering on social inclusion.

**The project resulted in three publications:**

## **Focus Research Report**

The main objective of the report is to give an overview of existing EU and national policies and practices that support the inclusion of disadvantaged youth through volunteering.



### **Policy Paper**

In the long term, this project contributes to the improvement of social and organisational capacities for the development of high quality, innovative and community-oriented services that support the empowerment and inclusion of young people at risk of social exclusion through volunteering.

### **Impact Measurement Tool Manual**

This manual is designed as a simple tool for the monitoring and evaluation of the impact of volunteering on social inclusion. It is evidence-based, linking volunteer experience and its benefits with the impact on overall people's well-being. The manual was developed by merging the specific knowledge and experience in developing and supporting volunteering of the partners, in order to create a transnational tool that is applicable for volunteer involving organisations and volunteers.

### **Find all 3 here:**

[www.volunteer.ie/european-projects/making-it-matter/](http://www.volunteer.ie/european-projects/making-it-matter/)



Co-funded by the  
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A Family Volunteering programme can bring many benefits for your organisation. You can reach multiple generations with your mission, build a larger base of support and crucially, engage people who might not otherwise volunteer.

It can make a stronger community by instilling good values and for families, it gives a shared activity to create memories, forge bonds and provide a shared sense of accomplishment.

This Erasmus+ project explored and showcased the benefits of family volunteering as a form of engagement. The aim of the project was to assist organisations in deciding how to begin a Family Volunteering programme whilst also providing the tools required to do so.

The project resulted in four resources available to organisations interested in developing or growing their Family Volunteering programme. These include:

- ABC on Family Volunteering
- Step by Step Guidebook
- Family Volunteering Feasibility Kit
- Family Volunteering research
- Informative videos

### **Find them all here:**

[www.familyvolunteering.eu/Resources](http://www.familyvolunteering.eu/Resources)